

Wednesday 5th. Nov.

Felt sick - diarrhoea.  
Went to R. A. P. Took  
castor oil. On F.D. all  
day. ate no breakfast  
or dinner. Had rice cup  
of tea for tea.  
Walked over to see  
Paddy. Wrote to him.

Thursday 6th. Nov.

Felt better today.  
Went to Y. M. C. A. after  
tea with Bob & Colin.  
Listened to Band Concert.  
Changed library book.  
"The Flutes of Shanghai"  
by Louise Golden Wilson.