18**<sup>th</sup> Lat 17. Vessel came in sight, we signalled to them to ask if they would take letters home. Said yes. Lowered a boat and went to them. It was an Italian vessel from Buenos Ayres bound to Antwerp, sent two letters home. 19**<sup>th</sup> Lat 18½, Long 31 25. Heat 90°. Signalled to a ship, it was from San Francisco to Liverpool with grain. Squally. 20**<sup>th</sup> Lat 20 2. Long 30 43. Dis 90°. Heat 100°. Squall of rain in morning. Passed a vessel that started from London 3 weeks before us. It had had bad weather in the Channel. Plenty of boatswain birds about. 21**<sup>st</sup> Lat 21 51. Long 30 14. Dis 115 miles. Heat 95°. Very hot. Reading & fishing. 22**<sup>nd</sup> Lat 23 32. Long 29 39. Dis 103 ¾. Heat 85°. Very warm. 23**<sup>rd</sup> Lat 24 26. Long 29 45. Dis 54°. Heat 110°. A dead calm all day. The heat was intense, hottest day yet.